



WHO TO CALL

911 Emergency services

988 Suicide crisis line

811 Non-emergency health services

511 Provincial traffic and road conditions

411 Directory assistance

211 Non-emergency social services

Assaulted Women's Helpline: 1-866-863-0511

BounceBack: 1-866-345-0224

ConnexOntario Helpline: 1-866-531-2600

Hope for Wellness Help Line: 1-855-242-3310

Kids Help Phone: 1-800-668-6868 OR text 686868

MMIWG Support Line: 1-844-413-6649

OPP Report a Crime: 1-888-310-1122

